

Oaks May Activity Descriptions

An Idiom a Day... – Let's not beat around the bush—this program is all about sinking our teeth into idioms! We'll explore the origins of some of the most common sayings and discover how they add color and meaning to our everyday language. To make a long story short, we'll dive right in and have some fun along the way!

Bean Bags (Resident Led) – Get ready for some friendly competition at our resident-led Bean Bags game! Join fellow residents for a fun and casual game, perfect for staying active and socializing. Supplies are conveniently located upstairs by the NuStep bike—just grab a set and let the games begin

Bible Study with Faith Lutheran - Led by pastors from Faith Lutheran. Enjoy a time of scripture, reflection, and discussion in a welcoming and uplifting environment. All are welcome to participate!

Bingo – Come see if luck is on your side at a community favorite!

Birthday Social – Resident Requested! Let's gather to celebrate those born in May!

Blackjack - Your favorite blackjack dealer is back in action! Join us for an exciting round of this classic card game, where a little strategy and a bit of luck go a long way. Whether you're a seasoned player or just in it for the fun, come try your hand, enjoy the friendly competition, and see if you can hit 21!

Brewing Knowledge – 2B Continued: Mental Health & Older Adults - Join us for a meaningful follow-up in our *Brewing Knowledge* series as we explore mental health and its impact on older adults. Together, we'll share insights, and learn ways to support emotional well-being in ourselves

and others. Enjoy a warm cup of coffee while engaging in thoughtful discussion and connection.

Cards (Resident Led) - Join us for a fun card game session! Residents will choose the game, so bring your favorite ideas or learn something new. It's a great way to connect, relax, and enjoy friendly competition.

Cash Wise Grocery – Place your weekly grocery order online or by phone for delivery. Life Enrichment team members are available to assist.

Chef Meeting - pull up a chair and let your voice be heard! In this new program, residents are invited to meet with our Dining Manager to discuss upcoming menus, share ideas, and offer feedback. Help create a dining experience everyone can enjoy!

Coffee & Snack - Daily social gathering with coffee and individually wrapped snacks in the dining room.

Coloring with Carrie - Unwind and relax with some spring coloring pages while listening to spring themed music.

Concession Stand – Stop by the Concession Stand for a classic treat! Enjoy free popcorn, candy, and soda while you mingle with friends or grab a snack to go. Whether you're staying to chat or just picking up a favorite treat, this is a perfect way to add a little fun to your day!

Craft Corner (Resident Led) - Bring your own craft or art project to work on in a creative, social atmosphere. Coloring sheets will also be provided. Join fellow residents for a relaxing and fun time making art together at your own pace!

CrossPoint Service – Televised - Residents are invited to gather for a televised CrossPoint Church service, a resident-led and requested program. The service will be

played on the TV in the upstairs living area, offering a meaningful opportunity for worship, reflection, and connection in a comfortable group setting. All are welcome to join.

Devotions with Shawn - Join Shawn for a non-denominational spiritual study. A welcoming time for reflection, encouragement, and shared insight.

Ecumen Wellness – Join us for our signature exercise program!

Evening Bingo – Come see if luck is on your side at a community favorite!

Fishing Opener - Can you identify MN fish? Reel up a treat and share your favorite fishing story!

Golf Card Game (Resident-Led) - Join fellow residents for a friendly round of the classic Golf card game. Easy to learn and full of fun—bring your best strategy and enjoy!

Grief Group with Jim Heymans – Grief isn't just about death—it can follow any major life change that reshapes your entire world. Join us for support, education and a time to heal and connect with others who are navigating life's transitions. Led by Ecumen Hospice staff, our time together will allow us to learn and grow. (Pines Dining Room)

Hearing Aid Clinic – Karl will be on site to provide hearing aid care and maintenance. Residents are encouraged to stop by for cleaning, adjustments, and helpful tips to keep their hearing devices working their best.

Ice Cream Social! - Indulge in sweet treats and delightful company at our Ice Cream Social! Enjoy an ice cream treat while connecting with friends and creating cherished moments. A simple way to brighten your day!

Manicures – Relax as we clip, file, and paint your nails each week.

May Flowers - Come and join us as we embrace Spring with floral games and a discussion about our favorite blooms!

Men's Group: Guy Talk – Men are invited to gather for coffee and conversation in this relaxed group. Share stories, ideas, and whatever's on your mind. This time, Paul Harvy's The Rest of the Story.

Momosas & Muffins – Gather the ladies for a delightful morning of connection, conversation, and celebration! In honor of all the wonderful women and moms in our community, enjoy refreshing momosas paired with a delicious assortment of muffins. Each resident is welcome to invite up to three special guests to join in this cheerful May celebration. Cheers to friendship, laughter, and the amazing women who make life so meaningful!

Morning Coffee (Resident Led) – Join us for a relaxed and social gathering, enjoy a hot cup of coffee, and connect with friends. It's a perfect way to kick off the morning with conversation and good company!

MN Hotdish Cook-Off - Join us for our 3rd Annual Hotdish Cook-Off as we celebrate Minnesota's 168th birthday! Nothing says Minnesota quite like a good old-fashioned hotdish. Residents and team members are invited to share their favorite recipes and sample a variety of comforting, homemade creations. Come hungry, cast your vote, and help us crown this year's hotdish champion. It's a delicious way to celebrate all things Minnesota! Held in the Pines Dining Room.

Movie Night - See digital signs for specific movies each week, Tuesday/Wednesday Movie Night movies are played on the common area TV's upstairs.

Outing: Jackpot Casino – A resident favorite is back—let's head to the casino! Try your luck on the slots or simply enjoy the lively atmosphere and time out together. Whether you're feeling lucky or just along for the fun, it's always a great outing filled with excitement and good company.

Outing: Shopping Around Hutch - Weekly shopping trip to the store of your choice! Sign up on the bulletin board.

Outing: Youth in Art @ HCA & Below Zero – Enjoy a creative and tasty afternoon out! We'll visit the Hutchinson Center for the Arts to explore the Youth in Art exhibit, featuring impressive work by talented local students. After taking in the creativity and inspiration, we'll head to Below Zero for a sweet ice cream treat. A perfect outing filled with art, community, and a little indulgence!

Phase 10 – Join us for a fun and friendly game of Phase 10! This easy-to-learn card game is all about completing different phases through a mix of strategy and a little luck. Whether you're a seasoned player or trying it for the first time, come enjoy laughter, light competition, and great company.

Pizza Party! (Resident Led) – It's pizza time! Join us for a resident-led Pizza Party, organized through the Resident Planning Committee. Sign up on the bulletin board to reserve your spot. Pizza will be delivered from Domino's, and the cost will be approximately \$3–5 per person (exact amount will be announced day-of). Melanie will collect payment. Come enjoy great food and even better company!

Resident Meeting – Held monthly. Please contact Melanie Z. with any agenda items you may have.

Resident Planning Program - Share your ideas and help shape February's activities!

This empowering session gives you the opportunity to suggest and plan programs that interest you most. Let your voice inspire our calendar!

Root Beer Float Social – A sweet treat by popular demand! Residents will lead this social as we enjoy classic root beer floats together. Come for the fun, the fizz, and the chance to connect with friends over a delicious treat.

Skip-Bo - Enjoy a relaxed game of Skip-Bo with fellow residents. Sharpen your card-playing skills, share some laughs, and have a great time together.

Slow and Steady Gets the Laughs – Slowness might get a bad rap, but it comes with some surprising benefits! From longer lifespans in slow-breathing animals to the health perks of slowing down our own pace, there's a lot to appreciate. We'll also discover the humor in taking things slow—where even a simple reaction can become hilarious in slow motion. Enjoy a fun mix of jokes, interesting facts, and lighthearted learning, including how to create your own slow-motion videos. Sit back, relax, and let the laughs come at their own pace!

Spill & Spell Word - Get ready for a classic, fast-paced word game with *Spill & Spell*! First introduced in 1957, this fun challenge begins by "spilling" 15 lettered cubes. From there, players create words in a crossword-style pattern to earn points based on the value of the letters used. Designed for 2 or more players, the goal is to be the first to reach 300 points. Build longer words, make clever connections, and enjoy a little friendly competition along the way!

St. A's Communion - Catholic communion from St. A's parish. Every Sunday morning.

Tic Card Game (Resident Led): A fast-paced and fun group card game where players

race to collect four cards of the same number or suit. Once a player has four of a kind, they subtly place a finger on the table — other players must quickly follow! The last person to notice gets a letter — spell "TIC" and you're out! Great for laughs, observation skills, and friendly competition.

To a 'T' – In honor of National Golf Day, we're putting a fun twist on the letter "T"! Can you think of words that begin with T—like golf tees? Take turns adding to the list and see how long you can stay in the game. The challenge continues as long as you can come up with something new! Get ready for a lively, laugh-filled brain teaser that's right "to a T!"

Travelogue – Destination: Getting to Know Guatemala - This month, we are traveling to Guatemala.

Triominoes - Put a twist on a classic with Triominoes! Instead of traditional dominoes, this game uses triangular tiles, adding an extra layer of strategy and fun. Match numbers on all three sides as you build the board, score points, and outplay your opponents. Easy to learn and engaging for all skill levels, it's the perfect mix of thinking, planning, and friendly competition!

Universal Yums: Japan - Explore a box of snacks and candies from a different country every month. The products are delicious, unique, and often extremely difficult (or even impossible) to find in the United States. But there's more than incredible Yums. Each month we'll also discover an interactive guidebook to steer your adventure – including trivia, games, recipes, culture, and more!

Virtual Rosary - Join us for a peaceful and reflective time of prayer as the Rosary is shared on the TV. This virtual experience offers an opportunity for quiet devotion,

spiritual connection, and comfort in a calming setting. All are welcome to participate as they feel led.

Visits with Carrie – Social interaction in your apartment with Carrie.

Weekend Bingo – Come see if luck is on your side at a community favorite!

Whist – Resident Led – Join fellow residents for an enjoyable game of Whist, led by one of your peers! Sharpen your skills, enjoy friendly competition, and socialize in a relaxed, welcoming setting. All experience levels are welcome.

Worship with Christ the King - Lutheran - Faith Lutheran/Christ the King service and communion rotation.

Yahtzee (Resident Led) - Enjoy the classic dice game with friends, where strategy and luck combine for a fun and competitive experience. All are welcome to participate!

Pines May Activity Descriptions

3 Card Bingo with Rosie, 5/13 - Residents receive a "bingo card" made up of three playing cards. The caller draws cards from a separate deck and announces each one aloud. When a resident has a matching card on their board, they cover it. The first resident to cover all three cards wins!

500 (Resident Led), Tuesdays - Full of strategy and teamwork! Whether you're playing solo or with a partner, try to outscore your opponents and enjoy a friendly game of this classic card favorite. All are welcome to join!

6-5-4 Dice Game, 5/27 – By resident request, we're rolling out the 6-5-4 Dice Game! This fast-paced and easy-to-learn game is all about luck, timing, and a little friendly competition. Roll the dice and try to land a 6, 5, and 4 to stay in the game. Come join the fun and see if the odds are in your favor!

Aggravation (Resident Led), Wednesdays– Join fellow residents for a fun and friendly game of Aggravation! This classic board game is all about strategy, a little luck, and plenty of laughs. Whether you're a seasoned player or new to the game, come check it out and enjoy some great company!

An Idiom a Day..., 5/20 – Let's not beat around the bush—this program is all about sinking our teeth into idioms! We'll explore the origins of some of the most common sayings and discover how they add color and meaning to our everyday language. To make a long story short, we'll dive right in and have some fun along the way!

Bean Bags (Resident Led), 5/17 – A fun, resident-led program from the *Sometimes Funtimes Committee*! Join us for friendly competition and social fun as we play a classic game of bean bags together. Everyone is welcome!

Bible Study with Faith Lutheran, 5/21- Join the pastors from Faith Lutheran to learn about the bible.

Bingo, Fridays – Come see if luck is on your side at a community favorite!

Bingo with Brenda, 5/3 – Per the Sometimes Funtimes Committee, we're trying something new—resident-led bingo! Join Brenda as she calls the numbers for a fun, interactive game that's full of laughs, excitement, and community spirit. Everyone is welcome to play!

Birthday Social, 5/21 – Resident Requested! Let's gather to celebrate those born in May!

Blackjack, 5/9 - Your favorite blackjack dealer is back in action! Join us for an exciting round of this classic card game, where a little strategy and a bit of luck go a long way. Whether you're a seasoned player or just in it for the fun, come try your hand, enjoy the friendly competition, and see if you can hit 21!

Brewing Knowledge – 2B Continued: Mental Health & Older Adults, 5/20 - Join us for a meaningful follow-up in our *Brewing Knowledge* series as we explore mental health and its impact on older adults. Together, we'll share insights, and learn ways to support emotional well-being in ourselves and others. Enjoy a warm cup of coffee while engaging in thoughtful discussion and connection.

Bunco 101, 5/6 – Resident requested. Curious about Bunco? Join us for a fun and relaxed introduction to this popular dice game. We'll go over the basics, play a few practice rounds, and have plenty of time for questions—no experience needed!

Cash Wise Grocery, Thursdays – Place your weekly grocery order online or by phone for delivery. Life Enrichment team members are available to assist.

Chef Meeting, 5/4 – Pull up a chair and let your voice be heard! In this new program, residents are invited to meet with our Dining Manager to discuss upcoming menus, share ideas, and offer feedback. Help create a dining experience everyone can enjoy!

Coffee & Snack, Daily - Daily social gathering with coffee and individually wrapped snacks in the dining room.

Coloring with Carrie, 5/12 - Unwind and relax with some spring coloring pages while listening to spring themed music.

Communion with Pastor Paul – Peace Lutheran, 5/15 - Pastor Paul from Peace Lutheran will be here to provide communion.

Concession Stand, 5/29 – Stop by the Concession Stand for a classic treat! Enjoy free popcorn, candy, and soda while you mingle with friends or grab a snack to go. Whether you're staying to chat or just picking up a favorite treat, this is a perfect way to add a little fun to your day!

Ecumen Wellness, Monday/Wednesday/Fridays – Join us for our signature exercise program!

Evening Bingo, 5/13 – Come see if luck is on your side at a community favorite!

Farkle (Resident-Led), Saturdays – By popular resident request, join us for a game of Farkle led by one of our own! This exciting dice game blends strategy and chance, making for a lively and friendly competition. Whether you're a seasoned player or new to the game, come enjoy great company and some resident-led fun!

Fishing Opener, 5/9 - Can you identify MN fish? Reel up a treat and share your favorite fishing story!

Grief Group with Jim Heymans, 5/18 – Grief isn't just about death—it can follow any major life change that reshapes your entire world. Join us for support, education and a time to heal and connect with others who are navigating life's transitions. Led by Ecumen Hospice staff, our time together will allow us to learn and grow. (Pines Dining Room)

Hearing Aid Clinic, 5/21– Karl will be on site to provide hearing aid care and maintenance. Residents are encouraged to stop by for cleaning, adjustments, and helpful tips to keep their hearing devices working their best.

Ice Cream Social!, 5/7 - Indulge in sweet treats and delightful company at our Ice Cream Social! Enjoy an ice cream treat while

connecting with friends and creating cherished moments. A simple way to brighten your day!

Manicures, Tuesdays – Relax as we clip, file, and paint your nails each week.

Mass/Communion with Father Tony, 5/1 - Catholic - Communion with Father Tony from St. A's

May Flowers, 5/5 - Come and join us as we embrace Spring with floral games and a discussion about our favorite blooms!

Men's Coffee and Pastries, 5/12 – A relaxed gathering for the men of our community! Enjoy coffee, pastries, and good conversation in a welcoming setting. A simple way to connect, socialize, and start the day on a positive note.

Men's Group: Guy Talk, 5/14 – Men are invited to gather for coffee and conversation in this relaxed group. Share stories, ideas, and whatever's on your mind. This time, Paul Harvy's *The Rest of the Story*.

Mexican Train Dominoes (Resident Led), Mondays - Strategy and luck come together! Players build their trains with dominoes, aiming to be the first to finish. It's a fun, social game that's easy to learn and perfect for friendly competition. All are welcome to play!

MN Hotdish Cook-Off, 5/11 - Join us for our 3rd Annual Hotdish Cook-Off as we celebrate Minnesota's 168th birthday! Nothing says Minnesota quite like a good old-fashioned hotdish. Residents and team members are invited to share their favorite recipes and sample a variety of comforting, homemade creations. Come hungry, cast your vote, and help us crown this year's hotdish champion. It's a delicious way to celebrate all things Minnesota!

Momosas & Muffins, 5/5 – Gather the ladies for a delightful morning of connection, conversation, and celebration! In honor of all the wonderful women and moms in our community, enjoy refreshing momosas paired with a delicious assortment of muffins. Each resident is welcome to invite up to three special guests to join in this cheerful May celebration. Cheers to friendship,

laughter, and the amazing women who make life so meaningful!

Morning Coffee (Resident Led), Thursdays - Join us for a relaxed and social gathering, enjoy a hot cup of coffee, and connect with friends. It's a perfect way to kick off the morning with conversation and good company!

Movie Night, Tuesdays - See separate handout for individual movie synopsis. Tuesday/Wednesday Movie Night movies are played on the common area TV's upstairs.

Outing: Jackpot Casino, 5/19 – A resident favorite is back—let's head to the casino! Try your luck on the slots or simply enjoy the lively atmosphere and time out together. Whether you're feeling lucky or just along for the fun, it's always a great outing filled with excitement and good company.

Outing: Shopping Around Hutch, Mondays - Weekly shopping trip to the store of your choice! Sign up on the bulletin board.

Outing: Youth in Art @ HCA & Below Zero, 5/5 – Enjoy a creative and tasty afternoon out! We'll visit the Hutchinson Center for the Arts to explore the *Youth in Art* exhibit, featuring impressive work by talented local students. After taking in the creativity and inspiration, we'll head to Below Zero for a sweet ice cream treat. A perfect outing filled with art, community, and a little indulgence!

Pizza Party! (Resident Led), 5/28 - It's pizza time! Join us for a resident-led Pizza Party, organized through the Resident Planning Committee. Sign up on the bulletin board to reserve your spot. Pizza will be delivered from Domino's, and the cost will be approximately \$3–5 per person (exact amount will be announced day-of). Melanie will collect payment. Come enjoy great food and even better company!

Phase 10, 5/6 – Join us for a fun and friendly game of Phase 10! This easy-to-learn card game is all about completing different phases through a mix of strategy and a little luck. Whether you're a seasoned player or trying it for the first time,

come enjoy laughter, light competition, and great company.

Play 9 (Resident-Led), Tuesdays - Gather for a fun, resident-led introduction to this easy-to-learn card game! All skill levels welcome!

Random Trivia, 5/28 - Join us for a lively round of trivia featuring 30 questions across a variety of topics. Answers and interesting facts are provided to inspire conversation and friendly competition.

Resident Council (Resident Led), 5/5 – This resident-led council provides a space for open discussion on community life, concerns, and ideas. Created at the request of residents, the group meets independently to share thoughts and work together on topics they wish to bring forward to community leadership. A meaningful way to promote communication, collaboration, and resident voice.

Resident Meeting, 5/12 – Held monthly. Please contact Melanie Z. with any agenda items you may have.

Root Beer Float Social, 5/17 – A sweet treat by popular demand! Residents will lead this social as we enjoy classic root beer floats together. Come for the fun, the fizz, and the chance to connect with friends over a delicious treat.

Shoot Pool (Resident Led), Thursdays - By popular request, residents will lead a friendly game of pool! Come show off your skills, enjoy some friendly competition, and socialize with fellow players in a relaxed, welcoming environment.

Slow and Steady Gets the Laughs, 5/27 – Slowness might get a bad rap, but it comes with some surprising benefits! From longer lifespans in slow-breathing animals to the health perks of slowing down our own pace, there's a lot to appreciate. We'll also discover the humor in taking things slow—where even a simple reaction can become hilarious in slow motion. Enjoy a fun mix of jokes, interesting facts, and lighthearted learning, including how to create your own slow-motion videos. Sit back, relax, and let the laughs come at their own pace!

SomeTimes FunTimes Committee, 5/13 - Share your ideas and help shape June's activities! This empowering session gives you the opportunity to suggest and plan programs that interest you most. Let your voice inspire our calendar!

St. A's Communion, Sundays - Catholic communion from St. A's parish. Every Sunday morning.

To a 'T', 5/8 – In honor of National Golf Day, we're putting a fun twist on the letter "T"! Can you think of words that begin with T—like golf tees? Take turns adding to the list and see how long you can stay in the game. The challenge continues as long as you can come up with something new! Get ready for a lively, laugh-filled brain teaser that's right "to a T!"

Travelogue – Destination: Getting to Know Guatemala, 5/21 - This month, we are traveling to Guatemala.

Universal Yums: Japan, 5/6 - Explore a box of snacks and candies from a different country every month. The products are delicious, unique, and often extremely difficult (or even impossible) to find in the United States. But there's more than incredible Yums. Each month we'll also discover an interactive guidebook to steer your adventure – including trivia, games, recipes, culture, and more!

Virtual Rosary, 5/19 - Join us for a peaceful and reflective time of prayer as the Rosary is shared on the TV. This virtual experience offers an opportunity for quiet devotion, spiritual connection, and comfort in a calming setting. All are welcome to participate as they feel led.

Visits with Carrie, Tuesdays – Social interaction in your apartment with Carrie.

Weekend Bingo, 5/23 – Come see if luck is on your side at a community favorite!

Worship with Christ the King, 5/14 - Lutheran - Faith Lutheran/Christ the King service and communion rotation.