

**Oaks January Activity Descriptions**

**Alaska & Moose Trivia** - Test your knowledge with Alaska and Moose Trivia! This activity includes 30 trivia questions related to the monthly theme, complete with answers and additional information to spark discussion.

**Bean Bags (Resident Led)** – Get ready for some friendly competition at our resident-led Bean Bags game! Join fellow residents for a fun and casual game, perfect for staying active and socializing. Supplies are conveniently located upstairs by the NuStep bike—just grab a set and let the games begin

**Bible Study with Faith Lutheran** - Led by pastors from Faith Lutheran. Enjoy a time of scripture, reflection, and discussion in a welcoming and uplifting environment. All are welcome to participate!

**Big Fun** - Get ready to laugh! This program features moose- and Alaska-themed jokes, puns about all things big, and a few unusual Alaskan laws that are sure to surprise.

**Bingo** – Come see if luck is on your side at a community favorite!

**Bingo with LaVonne and Allen** – Per the Resident Planning Committee, we’re trying something new—resident-led bingo! Join LaVonne and Allen as they call the numbers for a fun, interactive game that's full of laughs, excitement, and community spirit. Everyone is welcome to play!

**Birthday Social** – Resident Requested! Let’s gather to celebrate those born in January!

**Call of the Wild: Songs of the Last Frontier**– Celebrate the rugged beauty and adventurous spirit of Alaska with a collection of folk, pop, and country songs inspired by the Last Frontier. Enjoy timeless tunes that capture the charm and spirit of this wild landscape.

**Cards (Resident Led)** - Join us for a fun card game session! Residents will choose the game, so bring your favorite ideas or learn something

new. It's a great way to connect, relax, and enjoy friendly competition.

**Cash Wise Grocery** – Place your weekly grocery order online or by phone for delivery. Life Enrichment team members are available to assist.

**Chip Raffle** - Try your luck in our take on the classic MN winter Meat Raffle! Spin the wheel after grabbing a ticket, and if it lands on your number, you'll take home a bag of chips.

**Coffee & Snack** - Daily social gathering with coffee and individually wrapped snacks in the dining room.

**Concession Stand** – Stop by the Concession Stand for a classic treat! Enjoy free popcorn, candy, and soda while you mingle with friends or grab a snack to go. Whether you're staying to chat or just picking up a favorite treat, this is a perfect way to add a little fun to your day!

**Craft Corner (Resident Led)** - Bring your own craft or art project to work on in a creative, social atmosphere. Coloring sheets will also be provided. Join fellow residents for a relaxing and fun time making art together at your own pace!

**Craft: Cozy Cup Wrap** - Participants will create a cardboard loom and weave yarn to make a cozy cup wrap—perfect for keeping drinks warm and hands comfortable.

**Devotions with Shawn** - Join Shawn for a non-denominational spiritual study. A welcoming time for reflection, encouragement, and shared insight.

**Dining Committee** - Pull up a chair and let your voice be heard! In this new program, residents are invited to meet with our Dining Manager to discuss upcoming menus, share ideas, and offer feedback. Help create a dining experience everyone can enjoy!

**Ecumen Wellness** – Join us for our signature exercise program!

**Evening Bingo** – Come see if luck is on your side at a community favorite!

**Golf Card Game (Resident-Led)** - Join fellow residents for a friendly round of the classic Golf card game. Easy to learn and full of fun—bring your best strategy and enjoy!

**Grief Group with Jim Heymans** – Grief isn't just about death—it can follow any major life change that reshapes your entire world. Join us for support, education and a time to heal and connect with others who are navigating life’s transitions. Led by Ecumen Hospice staff, our time together will allow us to learn and grow. (Pines Dining Room)

**Ice Cream Social!** - Indulge in sweet treats and delightful company at our Ice Cream Social! Enjoy an ice cream treat while connecting with friends and creating cherished moments. A simple way to brighten your day!

**Hearing Aid Clinic** – Karl will be on site to provide hearing aid care and maintenance. Residents are encouraged to stop by for cleaning, adjustments, and helpful tips to keep their hearing devices working their best.

**Lifetime Arts Class** - Join us for a special art class provided by the Hutchinson Center for the Arts in the Oaks Dining Room. Pre-registration will be required, and space is limited. This class is open to the public—don't miss your chance to participate!

**Manicures** – Relax as we clip, file, and paint your nails each week.

**Men’s Group: Tales of the Last Frontier** – Alaska's rugged landscape has long tested the strength and spirit of those who live there. This program features four true stories that reveal the dangers, determination, and mysteries of life in The Last Frontier—from heroic sled dogs and a vanished congressman to a lone grizzly advocate and a brutal World War II island battle.

**Morning Coffee (Resident Led)** – Join us for a relaxed and social gathering, enjoy a hot cup of coffee, and connect with friends. It's a perfect way to kick off the morning with conversation and good company!

**Morning Coffee and Facts & Chat with Aegis** - Our popular monthly educational program is back! Join us for a friendly meet and greet with Katy, the newest member of the Aegis team. She'll also share helpful tips and information to keep you safe and informed this season.

**Movie Night** - See digital signs for specific movies each week, Tuesday/Wednesday Movie Night movies are played on the common area TV's upstairs.

**Music Trivia** - Join us for a lively round of Music Trivia featuring random questions and answers from across the musical spectrum. Enjoy reminiscing, learning, and sharing a love of music together.

**Outing: Shopping Around Hutch** - Weekly shopping trip to the store of your choice! Sign up on the bulletin board.

**Out to Eat: King’s Wok** - Enjoy a resident-requested outing to the authentic local Chinese buffet, featuring a wide variety of traditional dishes. Prefer to order off the menu? That option is available too! The average cost is \$10–\$20 per person.

**Pizza Party! (Resident Led)** – It's pizza time! Join us for a resident-led Pizza Party, organized through the Resident Planning Committee. Sign up on the bulletin board to reserve your spot. Pizza will be delivered from Domino's, and the cost will be approximately \$3–5 per person (exact amount will be announced day-of). Melanie will collect payment. Come enjoy great food and even better company!

**Polar Bear Plunge Game** - Get ready for a chilly adventure across icy waters as you hop from iceberg to iceberg, racing to reach the other side. But watch out—one wrong roll

could send you plunging into the icy depths in this fun and suspenseful game!

**Questions for Conversation: Light Debate-**

Join us for a lively discussion of fun and thought-provoking questions. Share your perspective, hear from others, and explore different personal preferences in a friendly environment.

**Ready, Set, Puzzle!** - Residents will team up to race to complete 100-piece puzzles, putting their focus, problem-solving, and speed to the test in a fun and friendly challenge.

**Remembrance Tree Service** - Join us for a Remembrance Tree Service as we honor and remember residents who have passed away over the last year. This meaningful gathering was rescheduled from our holiday party and offers a time for reflection, connection, and remembrance

**Resident Meeting** – Held monthly. Please contact Melanie Z. with any agenda items you may have.

**Resident Planning Program** - Share your ideas and help shape February’s activities! This empowering session gives you the opportunity to suggest and plan programs that interest you most. Let your voice inspire our calendar!

**Roll & Bowl (Dice Bowling)** - In Dice Bowling, players use dice instead of balls, to try and get the highest bowling score.

**Root Beer Float Social** – A sweet treat by popular demand! Residents will lead this social as we enjoy classic root beer floats together. Come for the fun, the fizz, and the chance to connect with friends over a delicious treat.

**St. A’s Communion** - Catholic communion from St. A’s parish. Every Sunday morning.

**The Alaska Purchase** – Buying Alaska for \$7.2 million was once called a “folly”—but history tells a very different story. Join us to learn about the events, people, and legacy behind one of the most surprising deals ever made.

**Tic Card Game (Resident Led):** A fast-paced and fun group card game where players race to collect four cards of the same number or suit. Once a player has four of a kind, they subtly place a finger on the table — other players must quickly follow! The last person to notice gets a letter — spell "TIC" and you're out! Great for laughs, observation skills, and friendly competition.

**Travelogue – Destination: Anchorage, Alaska** - This month, we are traveling to Alaska.

**Trivia Happy Hour** - Sip, socialize, and show off your smarts! Enjoy a drink or mocktail while competing in a lively round of trivia.

**Universal Yums: Holidays Around the World** - Explore a box of snacks and candies from a different country every month. The products are delicious, unique, and often extremely difficult (or even impossible) to find in the United States. But there’s more than incredible Yums. Each month we’ll also discover an interactive guidebook to steer your adventure – including trivia, games, recipes, culture, and more!

**Visits with Carrie** – Social interaction in your apartment with Carrie.

**Weekend Bingo** – Come see if luck is on your side at a community favorite!

**Where Am I? Trivia** – Put your thinking cap on! Listen to the clues and try to guess the mystery place. A fun and engaging way to challenge your mind and enjoy some friendly competition!

**Whist – Resident Led** – Join fellow residents for an enjoyable game of Whist, led by one of your peers! Sharpen your skills, enjoy friendly competition, and socialize in a relaxed, welcoming setting. All experience levels are welcome.

**Worship with Christ the King** - Lutheran - Faith Lutheran/Christ the King service and communion rotation.

**Yahtzee (Resident Led)** - Enjoy the classic dice game with friends, where strategy and luck combine for a fun and competitive experience. All are welcome to participate!

**Pines January Activity Descriptions**

**500 (Resident Led), Tuesdays** - Full of strategy and teamwork! Whether you're playing solo or with a partner, try to outscore your opponents and enjoy a friendly game of this classic card favorite. All are welcome to join!

**Aggravation (Resident Led), 1/14 & 1/28** – Join fellow residents for a fun and friendly game of Aggravation! This classic board game is all about strategy, a little luck, and plenty of laughs. Whether you're a seasoned player or new to the game, come check it out and enjoy some great company!

**Alaska & Moose Trivia, 1/10** - Test your knowledge with Alaska and Moose Trivia! This activity includes 30 trivia questions related to the monthly theme, complete with answers and additional information to spark discussion.

**Bean Bags (Resident Led), 1/18** – A fun, resident-led program from the *Sometimes Funtimes Committee*! Join us for friendly competition and social fun as we play a classic game of bean bags together. Everyone is welcome!

**Bell Choir, 1/6** – Per resident request, Carrie will be leading this handbell ensemble to ring recognizable music with melodies and harmonies.

**Bible Study with Faith Lutheran, 1/15** - Join the pastors from Faith Lutheran to learn about the bible.

**Big Fun, 1/27** - Get ready to laugh! This program features moose- and Alaska-themed jokes, puns about all things big, and a few unusual Alaskan laws that are sure to surprise.

**Bingo, Fridays** – Come see if luck is on your side at a community favorite!

**Bingo with Brenda, 1/4** – Per the *Sometimes Funtimes Committee*, we're trying something new—resident-led bingo! Join Brenda as she calls the numbers for a fun, interactive game

that's full of laughs, excitement, and community spirit. Everyone is welcome to play!

**Birthday Social, 1/15** – Resident Requested! Let's gather to celebrate those born in January!

**Call of the Wild: Songs of the Last Frontier, 1/20** – Celebrate the rugged beauty and adventurous spirit of Alaska with a collection of folk, pop, and country songs inspired by the Last Frontier. Enjoy timeless tunes that capture the charm and spirit of this wild landscape.

**Cash Wise Grocery, Thursdays** – Place your weekly grocery order online or by phone for delivery. Life Enrichment team members are available to assist.

**Chip Raffle, 1/28** - Try your luck in our take on the classic MN winter Meat Raffle! Spin the wheel after grabbing a ticket, and if it lands on your number, you'll take home a bag of chips.

**Coffee & Snack, Daily** - Daily social gathering with coffee and individually wrapped snacks in the dining room.

**Communion with Pastor Paul – Peace Lutheran, 1/16** - Pastor Paul from Peace Lutheran will be here to provide communion.

**Concession Stand, 1/26** – Stop by the Concession Stand for a classic treat! Enjoy free popcorn, candy, and soda while you mingle with friends or grab a snack to go. Whether you're staying to chat or just picking up a favorite treat, this is a perfect way to add a little fun to your day!

**Craft: Cozy Cup Wrap, 1/13** - Participants will create a cardboard loom and weave yarn to make a cozy cup wrap—perfect for keeping drinks warm and hands comfortable.

**Dining Menu Committee, 1/5** – Pull up a chair and let your voice be heard! In this new program, residents are invited to meet with our Dining Manager to discuss upcoming menus,

share ideas, and offer feedback. Help create a dining experience everyone can enjoy!

**Ecumen Wellness, Monday/Wednesday/Fridays** – Join us for our signature exercise program!

**Evening Bingo, 1/21** – Come see if luck is on your side at a community favorite!

**Family Feud** - Get ready to compete in this resident-requested game of Family Feud! Responses are collected from neighbors, and it's all about guessing the most popular answers. Fun and laughs guaranteed!

**Farkle (Resident-Led), Saturdays** – By popular resident request, join us for a game of Farkle led by one of our own! This exciting dice game blends strategy and chance, making for a lively and friendly competition. Whether you're a seasoned player or new to the game, come enjoy great company and some resident-led fun!

**Grief Group with Jim Heymans, 1/26** – Grief isn't just about death—it can follow any major life change that reshapes your entire world. Join us for support, education and a time to heal and connect with others who are navigating life's transitions. Led by Ecumen Hospice staff, our time together will allow us to learn and grow. (Pines Dining Room)

**Hearing Aid Clinic, 1/22** – Karl will be on site to provide hearing aid care and maintenance. Residents are encouraged to stop by for cleaning, adjustments, and helpful tips to keep their hearing devices working their best.

**Ice Cream Social!, 1/9**- Indulge in sweet treats and delightful company at our Ice Cream Social! Enjoy an ice cream treat while connecting with friends and creating cherished moments. A simple way to brighten your day!

**Manicures, Tuesdays** – Relax as we clip, file, and paint your nails each week.

**Mass/Communion with Father Paul, 1/2** - Catholic - Communion with Father Paul from St. A's

**Men's Coffee and Pastries, 1/6** – A relaxed gathering for the men of our community! Enjoy coffee, pastries, and good conversation in a welcoming setting. A simple way to connect, socialize, and start the day on a positive note.

**Men's Group: Tales of the Last Frontier, 1/8** – Alaska's rugged landscape has long tested the strength and spirit of those who live there. This program features four true stories that reveal the dangers, determination, and mysteries of life in The Last Frontier—from heroic sled dogs and a vanished congressman to a lone grizzly advocate and a brutal World War II island battle.

**Mexican Train Dominoes (Resident Led), Mondays** - Strategy and luck come together! Players build their trains with dominoes, aiming to be the first to finish. It's a fun, social game that's easy to learn and perfect for friendly competition. All are welcome to play!

**Morning Coffee (Resident Led), Thursdays** - Join us for a relaxed and social gathering, enjoy a hot cup of coffee, and connect with friends. It's a perfect way to kick off the morning with conversation and good company!

**Facts & Chat with Aegis, 1/15** - Our popular monthly educational program is back! Join us for a friendly meet and greet with Katy, the newest member of the Aegis team. She'll also share helpful tips and information to keep you safe and informed this season.

**Lifetime Arts Class, 1/21** - Join us for a special art class provided by the Hutchinson Center for the Arts in the Oaks Dining Room. Pre-registration will be required, and space is limited. This class is open to the public—don't miss your chance to participate!

**Movie Night, Tuesdays** - See separate handout for individual movie synopsis.

Tuesday/Wednesday Movie Night movies are played on the common area TV's upstairs.

**Outing: Shopping Around Hutch, Mondays -**

Weekly shopping trip to the store of your choice! Sign up on the bulletin board.

**Out to Eat: King's Wok, 1/16** - Enjoy a resident-requested outing to the authentic local Chinese buffet, featuring a wide variety of traditional dishes. Prefer to order off the menu? That option is available too! The average cost is \$10–\$20 per person.

**Pizza Party! (Resident Led), 1/29** – It's pizza time! Join us for a resident-led Pizza Party, organized through the Resident Planning Committee. Sign up on the bulletin board to reserve your spot. Pizza will be delivered from Domino's, and the cost will be approximately \$3–5 per person (exact amount will be announced day-of). Melanie will collect payment. Come enjoy great food and even better company!

**Play 9 (Resident-Led), Wednesdays** - Gather for a fun, resident-led introduction to this easy-to-learn card game! All skill levels welcome!

**Polar Bear Plunge Game, 1/14** - Get ready for a chilly adventure across icy waters as you hop from iceberg to iceberg, racing to reach the other side. But watch out—one wrong roll could send you plunging into the icy depths in this fun and suspenseful game!

**Questions for Conversation: Light Debate, 1/28** - Join us for a lively discussion of fun and thought-provoking questions. Share your perspective, hear from others, and explore different personal preferences in a friendly environment.

**Random Trivia, 1/29** - Join us for a lively round of trivia featuring 30 questions across a variety of topics. Answers and interesting facts are provided to inspire conversation and friendly competition.

**Remembrance Tree Service, 1/8** - Join us for a Remembrance Tree Service as we honor and

remember residents who have passed away over the last year. This meaningful gathering was rescheduled from our holiday party and offers a time for reflection, connection, and remembrance

**Resident Council (Resident Led), 1/6** – This resident-led council provides a space for open discussion on community life, concerns, and ideas. Created at the request of residents, the group meets independently to share thoughts and work together on topics they wish to bring forward to community leadership. A meaningful way to promote communication, collaboration, and resident voice.

**Resident Meeting, 1/13** – Held monthly. Please contact Melanie Z. with any agenda items you may have.

**Roll & Bowl (Dice Bowling), 1/10** - In Dice Bowling, players use dice instead of balls, to try and get the highest bowling score.

**Root Beer Float Social, 1/11** – A sweet treat by popular demand! Residents will lead this social as we enjoy classic root beer floats together. Come for the fun, the fizz, and the chance to connect with friends over a delicious treat.

**Shoot Pool (Resident Led), Thursdays** - By popular request, residents will lead a friendly game of pool! Come show off your skills, enjoy some friendly competition, and socialize with fellow players in a relaxed, welcoming environment.

**SomeTimes FunTimes Committee, 1/14** - Share your ideas and help shape June's activities! This empowering session gives you the opportunity to suggest and plan programs that interest you most. Let your voice inspire our calendar!

**St. A's Communion, Sundays** - Catholic communion from St. A's parish. Every Sunday morning.

**The Alaska Purchase, 1/22** – Buying Alaska for \$7.2 million was once called a “folly”—but history tells a very different story. Join us to

learn about the events, people, and legacy behind one of the most surprising deals ever made.

**Travelogue – Destination: Anchorage, Alaska 1/15** - This month, we are traveling to Alaska.

**Trivia Happy Hour, 1/22** - Sip, socialize, and show off your smarts! Enjoy a drink or mocktail while competing in a lively round of trivia.

**Universal Yums: Holidays Around the World, 1/7** - Explore a box of snacks and candies from a different country every month. The products are delicious, unique, and often extremely difficult (or even impossible) to find in the United States. But there's more than incredible Yums. Each month we'll also discover an interactive guidebook to steer your adventure – including trivia, games, recipes, culture, and more!

**Visits with Carrie, Tuesdays** – Social interaction in your apartment with Carrie.

**Weekend Bingo, 1/24** – Come see if luck is on your side at a community favorite!

**Where Am I? Trivia, 1/7** – Put your thinking cap on! Listen to the clues and try to guess the mystery place. A fun and engaging way to challenge your mind and enjoy some friendly competition!

**Worship with Christ the King, 1/8** - Lutheran - Faith Lutheran/Christ the King service and communion rotation.